

Pre-Operative Instructions for Sedation

If sedation (oral or IV) is planned for you, it is **critical** to follow these instructions prior to your scheduled surgery date. Failure to follow these instructions may result in the inability to safely perform sedation and surgery may have to be rescheduled:

Requirements	⊖ Things to Avoid ⊖
✓ Bring the full name and phone number of your escort. Someone must drive you home and be responsible for your safety for at least 6 hours following the end of surgery	Eating <u>6 hours</u> prior to your scheduled appointment (you may drink clear fluids up to 2 hours prior to your appointment)
✓ Please take any routine medications as you normally would with a small glass of water	Skipping routine medications
✓ Loose fitting, comfortable clothing, short sleeved shirt for IV sedation	Planning to have a taxi/Uber take you home
✓ Drinking 8oz water 1 hour prior to IV sedation will help with hydration and ease of IV start	Taking oral sedation medication before being instructed to do so
✓ Sharing any changes in medical history or medications prior to the start of sedation	Wearing unstable shoes
✓ Payment prior to the start of sedation as payment cannot be accepted after sedation begins	Wearing contact lenses or jewelry

An empty stomach is needed for sedation, as one of the side effects to the medication(s) used is nausea. If you have had a meal within 6 hours of your scheduled sedation, we will have to reschedule.

Please do not hesitate to contact us if you have any specific questions - we'd be happy to clear up any confusion prior to your scheduled day of surgery.

